

TRAINING SCHEDULE

The training is in the competition hall. Only gymnasts and coaches are allowed on the bus and in the hall.

THURSDAY 31/10/2019						
Traininghall KEISKANT						
Country + Club			Warming up	Podium With Music		
	BELGIUM	12 gymn 2 coaches	12:00 - 14:00	14:00 - 14:20		
#	SLOVAKIA	3 gymn. 2 coaches	13:40 - 14:40	14:40 - 15:00		
	POLAND (Krakow)	3 gymn. 2 coaches	14:00 - 15:00	15:00 - 15:20		
C	AZERBEIDZJAN	8 gymn. 3 coaches	14:20 - 15:20	15:20 - 15:40		
	WALES	3 gymn. 2 coach	14:40 - 15:40	15:40 - 16:00		
	RUSSIA (Penza)	2 gymn. 1 coaches	15:00 - 16:00	16:00 - 16:20		
	LITHUANIA	1 gymn. 1 coaches	15:00 - 16:00	16:00 - 16:20		
	UKRAINE (Doroteja + Dnjepro)	6 gymn. 2 coach	15:20 - 16:20	16:20 - 16:40		
#	PORTUGAL (Sad)	5 gymn. 2 coaches	15:40 -16:40	16:40 - 17:00		
	POLAND (Warzawa)	5 gymn 2 coach	16:00 - 17:00	17:00 - 17:20		
	UKRAINE (Kyiv)	7 gymn. 3 coach	16:20 - 17:20	17:20 - 17:40		
	AUSTRIA	3 gymn 2 coaches	16:40 - 17:40	17:40 - 18:10		
	FRANCE (Evry)	8 gymn. 2 coaches	17:10 - 18:10	18:10 - 18:30		
	HUNGARY	2 gymn. 1 coaches	17:30 - 18:30	18:30 - 18:50		

Happy Cup 2019 Gent – Belgium



International Tournament in Rhythmic Gymnastics

	GREAT BRITAIN	6 gymn. 2 coach	17:50 - 18:50	18:50 - 19:10
	RUSSIA (Ryazan + SDUSHOR)	7 gymn. 2 coaches	18:10 - 19:10	19:10 - 19:30
(**	SINGAPORE	15 gymn. 4 coach	18:30 - 19:30	19:30 - 19:50
(: :	SINGAPORE	15 gymn. 4 coaches	18:50 - 19:50	19:50 - 20:10
	GERMANY (Schmiden)	5 gymn. 2 coaches	19:10 - 20:10	20:10 - 20:30
	SWITZERLAND	5 gymn. 3 coaches	19:30 - 20:30	20:30 - 20:50

TECHNICAL MEETING FOR COACHES & JUDGES

20h45

In Hotel HOLIDAY INN EXPO